



# U.S. TAE KWON DO ACADEMY

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## **PROMOTIONAL EXAM REQUIREMENTS**

### **Questions for Junior Green Belt Test**

*(All answers must be completed with Sir!)*

**1. Q: How do you say “How are you?” and “Good bye” to someone staying, and “Good bye” to someone leaving in Korean?**

**A:** *Ahn Nyung Ha Shim Nee Ka means “How are You?”*

*Ahn Nyung Hee Kei Sheep See Yo means “Good bye to someone staying”*

*Ahn Nyung Hee Ka Sheep See Yo means “Good bye to someone leaving, Sir!”*

**2. Q: Why do we practice breath control?**

**A:** *To develop spiritual strength and endurance, Sir!*

**3. Q: Do you know why you take a test?**

**A:** *We test to further our knowledge of Taekwondo. Through test preparation and the test experience we gain confidence by performing under pressure and to let a qualified judge determine the increase of my knowledge, Sir!*