



# U.S. TAE KWON DO ACADEMY

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## PROMOTIONAL EXAM REQUIREMENTS

### Questions for Purple Belt Test

*(All answers must be completed with Sir!)*

1. **Q: Can you explain what makes power?**

*A: Power is made by weight and speed together with relaxation, concentration, and confidence, Sir!*

2. **Q: Where are the three attack points when you punch or kick?**

*A: The three attack points for punching and kicking are:*

*High Section: In Joong*

*Middle Section: Solar Plexis*

*Low Section: Dan Jung or Nang Sin, Sir!*

3. **Q: Why are there different colored belts?**

*A: The increase in knowledge and ability is symbolized by the darkness of the colors in the belts as one advances, Sir!*