



U.S. TAE KWON DO ACADEMY

MASTER J. S. SHIM

826 E. Fremont Ave. Sunnyvale, CA 94087

(408) 739 - 5511



PROMOTIONAL EXAM REQUIREMENTS

Questions for Yellow Belt Test

(All answers must be completed with Sir!)

1. Q: Why do you yell in Taekwondo?

A: *To develop spiritual strength with concentration, power and confidence, Sir!*

2. Q: What is the bow?

A: *The bow is a Korean form of greeting, Sir!*

3. Q: Why do you bow?

A: *We bow to show sincerity of respect, Sir!*

4. Q: When do you bow?

A: *We bow to the flags when we enter the Do Jang. We bow when we exit the Do Jang. We bow to the master instructor anytime and anywhere we see him. We bow to a higher rank belt and fellow Taekwondo students anytime or anywhere we meet them, Sir!*

5. Q: What are the meaning of the following terminologies?

A: Charyot:	Attention
Kyung Ryet:	Bow
Kook Ki:	Flag
Sa Bum Nim:	Master Instructor
Muk Nyum:	Meditation
Joon Bee:	Ready Stance
Kiyap:	Yelling
See Jahk:	Begin
Goh Mahn:	Stop
Do Jang:	Discipline School
She Uh:	Rest
Dweero Dorah:	Turn Around
Poomse:	Form